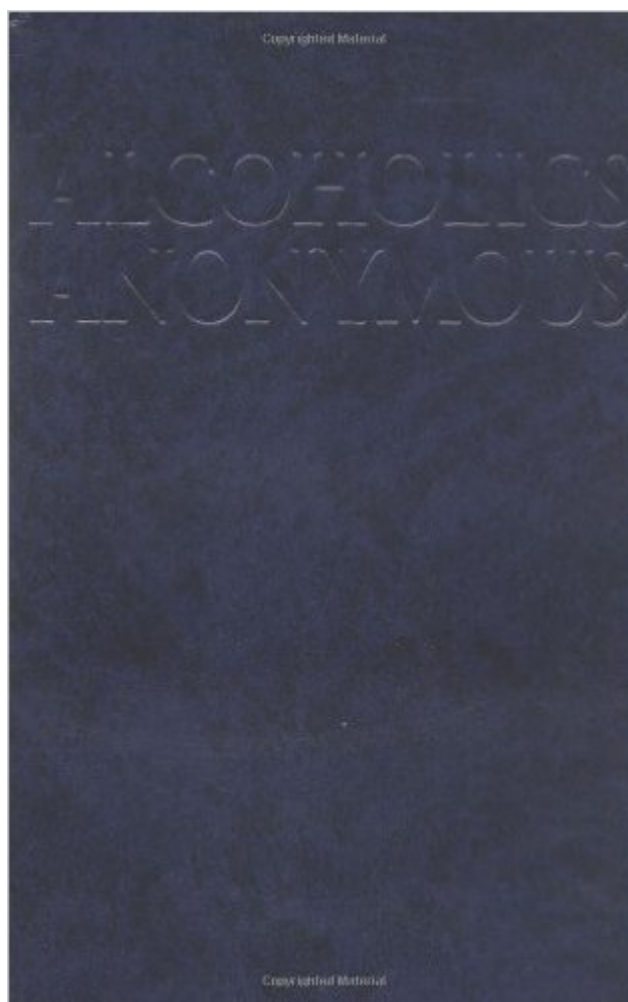


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# Alcoholics Anonymous: The Big Book



## Synopsis

The fourth edition includes twenty-four new stories that provide contemporary sharing for newcomers seeking recovery from alcoholism in A.A. during the early years of the 21st century. Sixteen stories are retained from the third edition, including the "Pioneers of A.A." section, which helps the reader remain linked to A.A.'s historic roots, and shows how early members applied this simple but profound program that helps alcoholics get sober today. Approximately 21 million copies of the first three editions of "Alcoholics Anonymous" have been distributed. It is expected that the new fourth edition will play its part in passing on A.A.'s basic message of recovery. This fourth edition has been approved by the General Service Conference of Alcoholics Anonymous, in the hope that many more may be led toward recovery by reading its explanation of the A.A. program and its varied examples of personal experiences which demonstrate that the A.A. program works.

## Book Information

Paperback: 576 pages

Publisher: Alcoholics Anonymous World Services, Inc.; 4 edition (February 10, 2002)

Language: English

ISBN-10: 1893007170

ISBN-13: 978-1893007178

Product Dimensions: 4.6 x 1 x 7 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (1,901 customer reviews)

Best Sellers Rank: #942 in Books (See Top 100 in Books) #2 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs](#) #2 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism](#) #3 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse](#)

## Customer Reviews

I read the AA Big Book and joined Overeaters Anonymous thinking I was a compulsive overeater. Perhaps I would have been an alcoholic, but my body chemistry never tolerated alcohol, smoking or drugs, so I was spared that. It turned out the weight problem was also a body chemistry thing, and the time I spent in diligent application to the 12-step program led me to realize I wasn't a compulsive overeater after all. Reading the AA Big Book was fantastic for me, and I recommend it to anyone. If you are not an addict, it will certainly not harm you to try a 12-step program. You are likely to come out, as I did after 10 months, with a deep respect for what these programs do. Miracles are

everyday events in these groups. Some of the people who have written reviews here resisted the tenets of AA because they are unwilling to submit to a higher power. That's human nature. Anything else is itself a miracle. My concerns about AA prior to reading the book were the opposite. I am a Christian and I was under the impression that the 12 steps are in conflict with that. Such is not at all the case. No one is going to try to hypnotize you! Nor is a 12-step program going to tell you to avoid medical help. One of AA's founders was a doctor, and right from the start AA began saving lives that doctors knew they could not save. It still happens in AA, daily. If you are ready to be inspired, read this book. You will understand yourself and other people better. If you don't feel ready to be inspired, maybe you need to read it even more. I noticed one of the reviews complained about archaic language in the book. It's not that archaic. You don't need a glossary to read it, as you do with the King James Bible or Shakespeare!

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